This week marks the start of our Lenten Journey. As a community we engaged in reflection to call to mind the significance of this season and what a preparation and renewal for Easter might really look like if lived authentically. Several prayers and readings used metaphor and imagery to focus this reflection.

God of the desert
Lead us through the dry places in our hearts,
Where faith has gone stale,
Where forgiveness is forgotten,
Where hope has turned to despair,
Where joy has become fear.

There is a certain comfort in acknowledging as a community the human failings we all share; where our faith waivers, forgiveness is difficult, despair takes over and we forget to recognise the graces in our lives. There is also comfort in knowing that, in the name of Christ, we are working towards overcoming our human frailties in order to see better relationship with ourselves, with those around us, with our earth and with our God.

During Lent we are called to Give, Pray and Fast. The reflection below focuses on the act of Fasting and what it means to truly make a sacrifice that has a connection with our day-to-day living, and not an ‘attachment’ to our lives that is forgotten at the end of Lent. A true sacrifice should lead to change and transformation.

Our fasting during Lent should be integral to our daily living. Some people choose to do only ‘tacked-on penances.’ Rather than looking at their daily life to find sacrifices they could embrace, they opt for penances that are extraneous to their lives. A person might be a workaholic, for example, but gives up chocolate for Lent. Wouldn’t it be a more fitting penance to ‘fast’ from work and spend more time with family?

Healthy penance flows from our relationships, responsibilities and religious convictions. Some examples of this type of penance are the following: to drive more compassionately, to be more patient with co-workers, to be kinder to sales persons, to visit an elderly relative or friend, to be honest in all our dealings, to slow down, to extend forgiveness, to do a favour for a neighbour, to volunteer at the parish, to count blessings (from http://www.appleseeds.org/4-signs-lent.htm).

This Lent what will I own in my own life that needs change and transformation as I seek to renew myself in Christ?

YEAR 7 CAMP
Welcome back to all of the Year 7 Campers. An enjoyable and exhausting time was had by all involved. Reports from staff members were glowing regarding the enthusiasm, behaviour and engagement of the students. They approached all activities with great joy and zeal and worked hard to be inclusive of their peers. What a great start to the year for all of these students. Congratulations to Ms Jenny May Wilson and the Year 7 Year Level Team for their preparation, commitment of time and support of the students.

INVESTITURE ASSEMBLY
On Thursday morning we presented our student leaders to the College Community. We heard about how individual leaders with a Vision work to inspire teams so that Vision can be realised by all. We look forward to working with our student leadership teams in realising the Vision and Mission of the College community. Congratulations to all of the students who have accepted leadership responsibility at Marian College in 2014.

Rita Grima and Raymond Pisani - Co-Principals
From Faith and Mission

On Tuesday, (Shrove Tuesday) we prepared for the commencement of Lent with the making of pancakes. The St Vincent de Paul students were enthusiastic in their desire to make and sell the pancakes to their peers. The focus of the event was on fundraising for the needy in our community. This is an important component of our Brigidine Tradition to consider, with a generous heart, people that are less fortunate than us.

On Wednesday we celebrated the commencement of Lent with an Ash Wednesday Prayer Service in home room groups. Ash Wednesday marks the commencement of Lent. It is the 40 day period in the Church calendar that begins on Ash Wednesday and finishes on Holy Thursday. Because Easter is a movable feast, the dates vary from year to year.

Lent is a time when we have the opportunity to grow in our relationship with God and to deepen our commitment to a way of life that starts at baptism. In our busy world, Lent provides us with an opportunity to reflect upon our life: and what type of people we are. It is time to look at changing ourselves to become more Christlike in our actions and thoughts. We can pray more deeply, experience sorrow for what we’ve done and failed to do, be generous to those in need and work towards having a true transformation of heart.

Lent is really about denying yourself of something that you enjoy in order to recognise that it’s God that you depend on in life; that it’s your heavenly Father that you most need in life - not Facebook or a favourite food. This is the real meaning of Lent. In this way Lent mirrors the 40 days Jesus spent fasting in the wilderness. He voluntarily removed himself from the pleasures of life and company of people so that he could draw close to God, listen to Him, and prepare Himself for what was to come - an intense period of public ministry resulting in a horrific death and extraordinary resurrection.

What can we do to prepare ourselves for the resurrection?

Mary-Louise Towns - Assistant to the Co-Principals - Faith and Mission

ASH WEDNESDAY & LENT
The liturgical season of LENT starts this week (5th March) on Ash Wednesday
This liturgical season lasts for forty days and concludes on Easter Sunday. The Sundays during Lent are not counted in the 40 days as these days of celebration at the Resurrection of Christ.

During LENT we are encouraged to partake in three types of personal service:  
Prayer - remembering especially those who need help.  
Almsgiving - helping others less fortunate than ourselves. E.g. Project Compassion,  
Fasting and Abstinence - giving up some things we like as a form of self-sacrifice.

First thoughts about this liturgical season may be:
L = Less  
E = Eats  
N = No  
T = Treats

Lent is not just about “giving up” something, but that is the common phrase used among Catholics, “What are you giving up for Lent?” It’s similar to the question posed to every child before Christmas, “What do you want Santa Claus to bring?” That question doesn’t reflect the true meaning of Christmas just as much as “giving up” doesn’t capture the heart of Lent.

Lent is turning away from sin, practicing almsgiving, prayer and fasting in secret. And these are not just external acts, but reflected as changes in the heart. And this needs to be done now, no procrastination. There is no other acceptable time than the present moment. To get to Easter we must carry our cross with Christ, enter into death with Christ, to rise again with Him.

Dan Mogg
From Learning and Teaching

PARENT DIGITAL INFORMATION EVENING
We cordially invite you to a Parent Digital Evening on Wednesday 19 March. The focus of the evening will be to provide some hands-on time for parents to explore our 21st Century digital resources. The evening will be informal with the opportunity for you to spend time with staff members and some of our students accessing digital resources such as:

- E-resources - As a teaching and Learning tool
- Online Subject Courses (Moodle)
- Resource Centre digital resources
- College Website, Twitter and Facebook
- Marian News online
- Marian College SkoolBag – Smart phone application
- School Calendar
- Student information such as, absence information, teaching staff, contact emails

There will also be an opportunity to ask questions and provide feedback regarding how the College is responding to your information needs in this digital era. Please bring along your Parent Portal Log-in and password as this will help you to access information directly relevant to you and your daughter.

The evening will commence at 7.00pm and a light supper will be provided. A courtesy letter will be given to your daughter. Please fill in the return slip on this letter and return to your daughter’s homeroom teacher. If you have any queries regarding the evening please do not hesitate to contact us at the College. We look forward to seeing you there.

Paul Familiari & Jane Goddard - Assistants to the Co-Principals - Learning and Teaching

From Student Wellbeing

INVESTITURE ASSEMBLY AND RECOGNITION OF STUDENT LEADERSHIP
On Thursday 6th March, we gathered as a school community to begin our Lenten journey and to acknowledge the many students across Years 7-12 who have taken on a Leadership role in 2014.

Mr. Pisani, our Co-Principal, delivered an inspiring and meaningful address about the importance of team work in leadership. Sir Roger Bannister, who in 1954 was the first person to break the four-minute mile, did so because he ran as part of a team to achieve what had been previously believed to be impossible. While Sir Roger Bannister is the man whom history has remembered, his efforts were possible because of the commitment of his fellow runners to team work and to the task.

We then began the presentation of over 150 students who have put their hand up to take on various leadership roles across the College, including Lamp Bearers, Student Representative Council (SRC), Student Participation Group (SPG) and House Captains.

There are also many students who take on a Leadership role in practising our core value of Justice and Service including Liturgy Group, St. Vincent de Paul Chapter, Justice and Democracy Forum and the Marian Leo’s.

We then acknowledged the many students who take on a role in areas such as Science Club, Coffee Club, Library and Book Monitors and over 25 students who have taken on a leadership role in Performing Arts department.

In this edition of the Marian we list all of these students so that our families are able to see the number of students who believe that Leadership is something that they can contribute to our community.

With this in mind, Friday 14th March, has been identified as our Student Leaders Formation Day.

The main focus of this day will be broken into 3 main sections:

1. Building Group and Team – with some fun activities
2. Focus on fine tuning the structure of the Process for Student Leadership so that these changes can take place for the 2015 school year. Most of these changes will be in relation to the election process.
3. Look at the ways in which all Student leaders can focus and bring about change in the area of Sustainability – a key point in our school mission and something that we as a community should all be concerned with.

The key focus of the leadership day will be about how each individual can be a valuable member of our leadership team and how we can bring about change for the better.

Kerrie Williams - Assistant to the Co-Principals – Student Wellbeing
### Student Participation Group Representatives - 2014

<table>
<thead>
<tr>
<th>Year 7</th>
<th>Ivy Botticelli, Geranium Gale</th>
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<tbody>
<tr>
<td>Year 8</td>
<td>Tien Phan, Tanisha Songvila</td>
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<td>Year 9</td>
<td>Manjary Biswas, Stefani Westmore</td>
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<td>Year 10</td>
<td>Franciscia (Francey) Munoz Rodriguez, Linh Tran</td>
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<td>Year 11</td>
<td>Maria Canturi, Danielle Dimakis</td>
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<th>Year 8</th>
<th>Jenny Do, Tian Zhou</th>
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<td>Year 9</td>
<td>Tracy Michele Ferrar, Lynchi Nguyen</td>
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<td>Year 10</td>
<td>Eileen Truong, Jasmine Saengphet</td>
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<td>Year 11</td>
<td>Breaze Cremona, Alek Nigoung</td>
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<td>Year 12</td>
<td>Kayla Lacey, Tina Nguyen</td>
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<tr>
<th>Year 9</th>
<th>Renee Keo, Katherine Nguyen</th>
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<tr>
<td>Year 10</td>
<td>Jessica Meegama, Trisha Razon</td>
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<td>Year 11</td>
<td>Vyvy Nguyen, Brodie Tedesco</td>
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<td>Year 12</td>
<td>Carlie Hunter, Emily Kleiner</td>
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<td>Year 13</td>
<td>Chloe-Rose Anastasio, Dawt Chin Sawm Hal</td>
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<th>Year 10</th>
<th>Sarah Mezher, Ellese Puopolo</th>
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<tr>
<td>Year 11</td>
<td>Jane Nguyen, Selina Tsang</td>
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<td>Year 12</td>
<td>Darshi Ranasinghe, Anuki Wijerama</td>
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<tr>
<td>Year 13</td>
<td>Sanduni Illangantilaka, Elisa Tohi</td>
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<tr>
<td>Year 14</td>
<td>Haley Lindsay, Tacchla Estronfa</td>
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### Student Representative Council for 2014

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<tr>
<th>Year 7</th>
<th>Jasmine Le, Valerie Luay</th>
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<tr>
<td>Year 8</td>
<td>Alicia Herrera, Stephanie Nguyen</td>
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<tr>
<td>Year 9</td>
<td>Imra Banu, Gisel Ruiz</td>
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<tr>
<td>Year 10</td>
<td>Tiana Fitzgibbon, Tanya Nguyen</td>
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<tr>
<td>Year 11</td>
<td>Natalie Saunders, Gemma Tuddenham</td>
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<tr>
<td>Year 12</td>
<td>Carley Thorpe, Janssen Nicolas</td>
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| Lamp Bearers: | Kathy Tran, Jessica (Thuy) Tran |

### Other Student Leadership Positions

#### LEO Office Bearers:
- Co-Presidents: Chantel Tan and Christine Vu
- Treasurer: Kim Vu
- Secretary: Jessica Nguyen

#### Liturgy Group:
- Carley Thorpe, Chelsea Tokaker, Canh-Vinh Nguyen, Roxanne Mezher

#### JDF Co-Presidents:
- Roxanne Mezher, Chelsie Pioquinto

### House Captains:

#### Clonard
- **Year 7**: Eliza Malapit, Leyla Vergara
- **Year 8**: Wendy Dinh, Janine Nicolas
- **Year 9**: Cindy Tra, Charity Yeboah
- **Year 10**: Celeste Herrera, An Nguyen
- **VCE**: Tam Nguyen, Lillian Nguyen, Lyn Nguyen

#### Iona
- **Year 7**: Sarah Dinh, Jacyln Tran
- **Year 8**: Joy Mangulaban, Jovana Nedelkovska
- **Year 9**: Natasha Markovskl, Sandali Munasinghe
- **Year 10**: Sachini Bandaranayake, Vanessa Pham
- **VCE**: Mikhaila Bonnici, Rita Tofa

#### Kildare
- **Year 7**: Lara Marafioti, Tina Nguyen
- **Year 8**: Sandy Ngo, Vivienne Nguyen
- **Year 9**: Machozi Mmungu, Tricielle Torregosa
- **Year 10**: Ebony Bangit, Nyanyol Mawn
- **VCE**: Tammy Vu, Teresa Nguyen, Tessa Teevale, Melanie Ngo

#### Tara
- **Year 7**: Destiny Lui, Julia Tran
- **Year 8**: Tina Nguyen, Tahyna Robinson
- **Year 9**: Isabella Jaleco, Maryanne Tran
- **Year 10**: Jessica Phan, Rochelle Saddington
- **VCE**: Vicki Ashak, Venus Pham, Hannah Phan, Hieu Nguyen
Science

CSIRO SCIENCE INCURSION – YEAR 7 AND 8

The Year 7 and 8 classes have eagerly participated in the Thinking Scientifically program run by the CSIRO. The program examined science inquiry skills and scientific method. The students gained a clear understanding as to why and how experiments were performed. Various activities were set up to for students to design their own experiments using the equipment provided in order to answer a specific question:

The activities were as follows:
- Fruit Batteries—produced electricity using different metals and fruit
- Disappearing Sugar—measured the dissolving time for sugar crystals of different sizes
- Powered Cars—measured the speed of powered cars and the effect of adding weights
- Pendulums—investigated which factors influenced the time for swinging of a pendulum
- Gas Release—investigated which of two different health salts would release the most gas

The experiments further allowed the students to relate properties of common substances to their uses and to investigate simple devices that transferred or transformed energy. The students then measured, collected and analysed experimental results to either support or disprove their hypotheses and this then gave them a better understanding of the scientific method.

Elisa Carfora and Suzanne Matejin - Science Department

LOTE

YEAR 8 ITALIAN

Ciao a tutti! Even though we have only been at school for 5 weeks the Year 8 Italian classes have been busy revising what they know and learning new grammar and vocabulary.

They have been able to do this through the new topic ‘Buon Appetito’ where the students have been introduced to various topics about Italian food. We have talked about ways of ordering food in a café, different types of Italian coffee and pasta. We have also practised ways of ordering food in the pizzeria and identified what’s available in the salumeria or delicatessen. These classes have certainly made us wish for the real thing at various times!

The students are also busy improving their language skills on the website Language Perfect. Please encourage your daughters to use language perfect at home as much as possible as this is an invaluable tool the students can use to enhance their learning of Italian.

Buona fortuna!
Signora Susan Scott

LOTE YEAR 8 INDONESIAN

Halo, apa kabar?

The year 8 Indonesian have made a good start this year. They have started learning new words and phrases about their school and school activities.

In addition to learning the Indonesian words for the various subjects they study, they have learnt that many schools in Indonesia begin at 7 a.m. with a whole school assembly and a flag raising ceremony. On Fridays students attend for half day but they return on Saturday for a full day of school.

Salam - Ibu Trina dan Ibu Veronika
The Arts

DESIGN EDUCATION

UNIT 3 – VCE FOOD TECHNOLOGY

Half way into the term and Unit 3/4 Food Technology is already easily one of my favourite subjects! In the past 4 weeks, we’ve already learnt how to identify food poisoning and spoilage, how to maintain food safety, how to effectively clean and sanitise kitchen areas, how to correctly label food and what to look for to ensure we buy optimum quality ingredients, and different cooking techniques. Not only have we learnt them, but we’ve also put these into practice, along with many cooking techniques, every week in the kitchen. The first dish we prepared was a Seafood Paella, which applied the knowledge of how to correctly store fresh and cooked seafood. The next dish we cooked was a vegetable Thai red curry, which allowed us to apply precision knife skills, as well as how to prepare and cook vegetables and tofu.

Paella with Chicken & Seafood                          Vegetable Thai Red Curry

Veronica Jankulovski - VCE Stephen

Karyn Chau - Design Education Teacher

PERFORMING ARTS

This fortnight has seen more students enrol in ensembles and lessons, and all our groups are now up and running for the year. We have had the pleasure of allocating leadership roles to super-committed students. Here is the leadership team for Performing Arts for 2014 - much expanded, as is the program itself! It continues to grow, and excite us as teachers. We thank everyone for their enthusiasm so far this year!

Performing Arts Leaders 2014
Performing Arts Co-Curricular Captains – Prashanti Middling and Alana Moretti
Performing Arts Curricular Captains – Trisha Gajeton & Karine Ha
Performing Arts Technical Production Co-Captains – Kayla Fioritti and Vi Pham

Troupe Leaders:
Djeliza Bytyqi
Alannah Ciangura
Emily Kleiner
Alyssa Tuddenham

Junior Rock Band – Beth Huthins-Tribe & Sarah Maloney
Intermediate Rock Band 1 – Courteney Gatt
Intermediate Rock Band 2 – Elisa Tohi
Senior Rock Band 11 – Kate Taylor & Michelle Phung
Senior Rock Band 13 – Alex Yakovlev
Senior Rock Band 12 – Roxanne Mehzer

Chamber Choir – Tiana Fitzgibbon
Gospel Choir/United – Pesi Fifita & Cattleya Ioapo
Vocal Ensemble – Shelby Disisto
String Ensemble – Ngan Nguyen
Concert Band – Megan Ellis

Piano Club – Natasa Chenh
Piano Ensemble - to be announced

Creative Music in Schools Bursary Recipient Semester 1 – Shelby Disisto

Remember - that there is still time to start lessons and join some ensembles! You can contact Mari Eleanor, or speak with any of the teachers in the Performing Arts Team.

Mari Eleanor - Music and Drama Programs Co-ordinator for Performing Arts
Concern has been expressed by members of our community about a planning amendment that will significantly increase the size of rubbish tip in the Truganina area as listed below.

Application to Amend a Planning Permit No.: P2091/97

Land: 408-546 Hopkins Road Truganina, 1100-1152 Christies Road Ravenhall

Proposal: Amended plans and permit associated with an existing permit for a private rubbish tip (municipal waste landfill) to expand the area of the landfill

Residents are planning to campaign to stop the proposed expansion of Boral’s Western Landfill, and for the addressing of the current odour problem.

Details of the campaign can be found here: http://www.cesarmelhem.com.au/news-article/say-no-to-boral/

The campaign website lists the things which can be done by local residents, in pressuring stakeholder groups in relation to both the current odour problem, and the proposed expansion.

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‘Safe Partying’ presented by Sonya Karras

This Parent session covers:

- The inside info on partying
- Ways parents can be involved in making sure their children party safely
- Drug & Alcohol issues
- Safe parties at home
- Staying informed and up to date

Wednesday 26th March 7:00-8:30pm

Marian College Auditorium

Bookings essential: 9363 1711