



Marian College

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A Community growing in Faith and Love • Serving Others • Striving to Achieve • Thinking for the Future

22 March 2020

Dear Parents/Guardians,

On Friday 20 March we sent a letter to you outlining our program for this week with respect to Staff Professional Learning Days. As you would be aware the Government has stated today that they will be holding a press conference on Monday 23 March. Once any decision is made, we will communicate with you directly as to the implications that has for the school program and your daughter's attendance at school. Therefore, tomorrow 23 March, remains as a normal school day.

We all realise how much of an anxious and tense time this is for our community and our world. For our students there is an added sense of anxiety. We remind you that you can access the following resources to support them through these times.

- Beyond Blue's information about wellbeing in relation to the coronavirus
<https://www.beyondblue.org.au/the-facts/looking-after-your-mental-health-during-the-coronavirus-outbreak>
- The Royal Children's Hospital (RCH) Melbourne's keeping healthy and staying safe video
[https://www.rch.org.au/rch/Coronavirus_\(COVID-19\)/](https://www.rch.org.au/rch/Coronavirus_(COVID-19)/)
- headspace's information for young people and Tips to maintain a healthy headspace.
<https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/>

We have been very grateful for the constant support from our families and the realisation that coping with this world-wide issue is a day-to-day proposition. We will communicate with you at our earliest opportunity tomorrow when the Government and the Catholic Education Commission of Victoria advises us of their decision.

Yours sincerely

Raymond Pisani
Principal